

Wednesday, March 25

Scripture reading: Isaiah 40:28-31

There are many times in my life when I feel just plain tired and overwhelmed. It seems like life has a way of continuing to pile things on top of us, even when we feel like we can't bear any more of a load. There are so many things to think and stress about in this fast-paced world. Sometimes I don't know how we keep up with it all!

Everyone finds their own way of coping with the things that bog them down in life. For me, one of my biggest comforts is found in Christian music. One of my favorite Christian songs is called "Savior Please" by Josh Wilson and contains the following lyrics:

I try to be so tough,
But I'm just not strong enough,
I can't do this alone, God I need You to hold on to me.
I try to be good enough,
But I'm nothing without Your love,
Savior, please keep saving me.

Oftentimes I completely identify with the feeling of the lyricist of this song. I do try to be tough, and do everything on my own, and I don't rely on God often enough at all. I try to pretend I'm okay, even if I'm not, I try to hide my weaknesses from even God sometimes, I try to hold myself together completely on my own strength. What I often fail to remember is that every time I should be clinging on to God, and using his strength as my own.

I love today's scripture from Isaiah. The imagery of the Lord renewing our strength, and helping us to soar on wings like eagles is a beautiful promise. Anytime we feel stressed, depressed, lost, devastated, abandoned, confused, or afraid, we can always cling on to these words, and the comfort, support, and strength that our Lord promises for us. I hope that today you find the Lord to be a source of renewing strength, a comfort, and a refuge.

Written by Christie Lazarides